

PHILOSOPHY

We believe that rehabilitation is not just what 'we do' to patients. It is a relationship between the patient/ tangata whaiora and the rehabilitation team to deliver a unique assessment and treatment plan to maximise independence and quality of life.

Services

While in Ward 2A you will have:

- Medical assessment and treatment as indicated.
- Review of all medications.
- Nursing assessment and overall observation of activities of daily living with assistance as required.

You may also have:

- Physiotherapy assessment treatment to optimise mobility and promote independence in activities of daily living.
- Occupational Therapy assessment and treatment of activities of daily living to optimise function and maximise independence. This may include assessment of personal self-care tasks, cognitive and perceptual assessment, provision of equipment and/or a home visit.
- Speech Language Therapy assessment and/or treatment.
- Social Work assessment and psychosocial intervention/support which may include discussion with family/whanau.
- Pharmacist visit to provide education about your medication.
- Dietician assessment and advice.

Contact Details

Ward 2A
(06) 753 6139 ext 7659

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Older People's Health and Rehabilitation Service

Welcome to Ward 2A Inpatient Service



To provide assessment, treatment and rehabilitation, with the aim of enhancing independence and quality of life

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ASSESSMENT

■ ■ Our Aims

Rehabilitation is about assessing the health needs and abilities of individual patients. We provide appropriate treatment to aid recovery.

■ ■ To the Relatives/Whanau

The rehabilitation team value your input and may invite you to take part in your relative's activities as part of a rehabilitation plan.

Discharges will be planned by the team, in discussion with patients/families and support agencies.

On day of discharge we aim for you to leave the ward by 11am.

Family meetings may be organised as necessary. Members of the multi-disciplinary team who have had input with your family will attend.

REHABILITATION

■ ■ Our Team

We work as a multi-disciplinary team (MDT) and meet regularly to review each patient's progress.

- Consultant Geriatrician and other Doctors
- Nurses
- Health Care Assistants
- Social Worker
- Physiotherapist
- Occupational Therapist
- Speech and Language Therapist
- Pharmacist
- Dietician

Maori Health Visitor and Chaplain are available.

Assessments will be undertaken by a variety of health care professionals who will discuss with you your goals and ongoing treatment.

We are also able to arrange referrals to community support groups as appropriate.

■ ■ Expectations

Our expectation while you are on our ward is that you will work positively with the rehabilitation team to achieve your goals.

■ ■ Meals

Breakfast 8.00am
Lunch Midday
Tea 5.30pm

Meals are served in patients' rooms.

For those that are attending meal clubs these will be served in the dining room and you will be encouraged to attend.

■ ■ Visiting Hours

Visiting hours are **strictly** between 2pm - 8pm. This is to allow time for therapy sessions and rest periods. Please note therapy sessions will continue during visiting hours.

■ ■ Personal Items

- Day clothes are worn in the rehabilitation ward.
- Clothes that allow easy movement and well fitting slippers or walking shoes are recommended.
- Personal washing needs to be taken home for cleaning.
- Clothes need to be named as the ward will not accept responsibility for lost items.
- You may bring your cellphone.