



Alcohol and Drug Clinicians are skilled in the assessment and treatment of people experiencing difficulty with their own and/or others' alcohol and drug use

■ ■ *How do I get in touch with the Alcohol and Drug Service?*

You can refer yourself to the services in New Plymouth, or any of our regional clinics in Hawera, Opunake, Waitara or Stratford. Referrals can also be made to the services by GPs, probation officers, lawyers, courts or other health social services.

■ ■ **Contact Us**

Where do I find the Alcohol and Drug Service?

We are based at Taranaki Base Hospital in New Plymouth
Phone: 06 753 7838
Fax: 06 753 7875
Office hours: 8.00am - 4.30pm Monday-Friday

After hours & emergency contact:

Base Hospital (06) 753 6139
Mental Health Crisis Team freephone 0508 277 478

We consider all cultural needs in the Alcohol & Drug Service. Please tell us if you are concerned about any aspect of your treatment. We adhere to the Health & Disability Code of Practice of Consumer Rights.

How do I contact the Alcohol and Drug Service?

Appointments and enquiries for New Plymouth and out of town clinics can be made by calling our New Plymouth office on 06 753 7838.

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Alcohol & Drug Services (Outpatients)

MENTAL HEALTH & ADDICTION SERVICES



*Information about the free services we provide
and how we can help you*

www.tdhb.org.nz





■ ■ Who are we?

Health professionals employed by Taranaki District Health Board to work in the area of alcohol, drug and other addictions.

■ ■ Who do the Alcohol and Drug Service work with?

We work with individuals, families and groups who have been affected by drug and alcohol use. We offer a support group on a weekly basis.

■ ■ What kind of things does the Alcohol and Drug Service do?

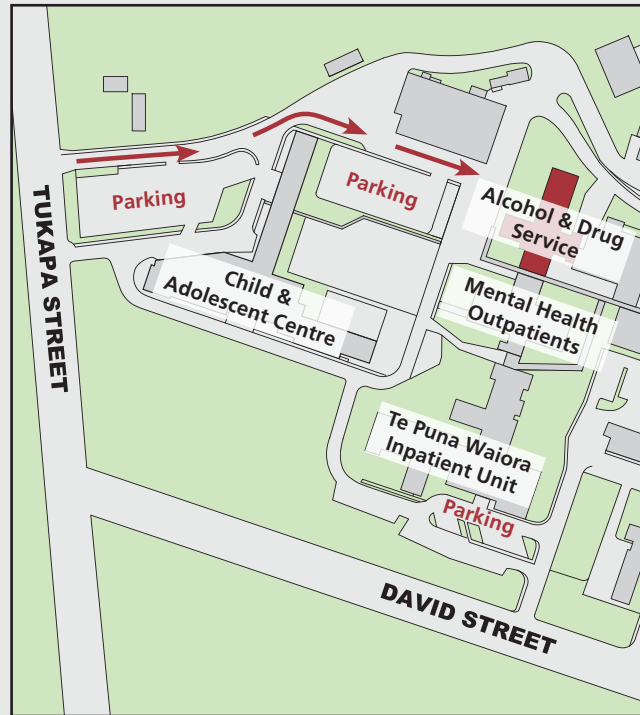
The Alcohol and Drug Service Team can assist you to identify areas in your life that have been affected by the use of alcohol or drugs.

They can assist you to make and maintain any changes you may make.

This includes support, education, counselling, a detoxification service and rehabilitation programmes if required.

One-to-one counselling and group clinics are available on Tuesday nights.

■ ■ Map



■ ■ The Alcohol and Drug Team can assist with

- **Assessments:** Assist clients to identify the extent that drugs and alcohol have affected their lives
- **Treatment:** Assist clients to change or stop their use of alcohol or drugs

- **Education and therapy groups** available to assist clients to change or stop their use of alcohol or other drugs
- **Relapse Prevention:** Assist clients to identify high risk situations and help them maintain changes they have made
- **Ministry of Transport Assessment:** Alcohol and Drug Services carry out assessments for the Land Transport Safety Authority in cases where people have lost their licenses under Section 65 of the Land Transport Act
- **Information and Education:** On the physical, psychological and social impacts of alcohol and drug abuse/misuse
- **Referrals of clients** to a range of services they may require e.g. budgeting, social skills group, cultural groups, detox service
- **Referrals to Residential Programmes:** Some clients may require a referral to a residential programme in order to make the changes they have identified
- **Methadone Programme:** Drug users with opiate dependency may be assisted with the Methadone Maintenance Programme
- **Support Groups:** Groups for men, women and concerned significant others
- **Detox:** Alcohol and Drug Service. This service may be provided in conjunction with your GP. There is detox assessment for home, and community detox. The liaison/consult service is in relation to self-detox, home detox, community detox, and medical detox.